WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



You Are Welcome ... Here?

Worship Leader: Angeline C. Jackson Worship Host: Erik Alm Worship Associate: Rev. Barbara Meyers Music: Peak Rocks

Sunday, February 18, 2024 10:00 AM Service theme for the month: The Call to Love

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, February 18, 2024 10-11:15 a.m.

Centering Thought

"Our ability to reach unity in diversity will be the beauty and the test of our civilization." — Mahatma Gandhi

"Together, we must dig deeper to advance our shared aspiration toward a Unitarian Universalism that practices the liberating values of our theology." — Widening the Circle of Concern, UU Commission on Institutional Change

In a time in which fewer people believe it is important to be part of any kind of religious community, it is imperative that people who need our saving message, who are sure that our values could help transform their lives, and who are trying to be part of us, are not deterred by our lack of basic skills in welcoming but are welcomed in the fullness of their being. — Adapted from Widening the Circle of Concern, UU Commission on Institutional Change)

"The people who help us grow toward true self offer unconditional love, neither judging us to be deficient nor trying to force us to change but accepting us exactly as we are. And yet this unconditional love does not lead us to rest on our laurels. Instead, it surrounds us with a charged force field that makes us want to grow from the inside out — a force field that is safe enough to take the risks and endure the failures that growth requires." — Parker J. Palmer

"Before the truth sets you free, it tends to make you miserable." — Richard Rohr

Prelude

Bell Rev. Barbara Meyers

Call To Worship Rev. Barbara Meyers

Chalice Lighting Rev. Barbara Meyers

Welcome Valerie Stewart

Welcome Song # 95 There is More Love Somewhere Peak Rocks

Steve Biko

Time for all Ages Ways to Welcome Angeline C. Jackson

Rev. Barbara Meyers

Linda Ashman

Practice of Generosity (Offering)

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
 P.O. Box 545 Fremont, CA 94537-0545
 (If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:
 Mission Peak Unitarian Universalist Congregation

We will be collecting this once per week.

Pay online at https://mpuuc.org/contact-us/donate/ with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation Rev. Barbara Meyers

Song of Reflection Brave Peak Rocks

Sara Barelleius Mark Kahn, Vocals

Shared Joys & Concerns Rev. Barbara Meyers

Reading / Reflection Who Is Welcome? Angeline C. Jackson

Rev. Dr. Kristen Harper

Anthem Preach Peak Rocks

John Legend Mark Kahn, Vocals

Message You Are Welcome... Here? Angeline C. Jackson

Closing Hymn # 318 We Would Be One Oakland UU Choir

Words: Samuel Anthony Wright. Music: Jean Sibelius

Extinguishing the Chalice #456 Rev. Barbara Meyers

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Benediction Angeline C. Jackson

Next Week's Service: February 25 – "Mental Health Resources for Children and Youth"

Rev. Barbara Meyers will lead the service and assisting will be Worship Associate Mark Rahman. Worship Host will be Melissa Holmes. Jo Ann Schriner and Knuti Van Hoven will provide our music.

Children and youth in the United States are in the midst of an unprecedented mental health crisis. To help address this, the UU Mental Health Network contracted with 5 UU DREs to curate a toolkit of mental health resources for children and youth. This service will talk about that toolkit, illustrate its content and use, talk about the role of trusted adults, and the importance of a religious response to this crisis.

Go to https://mpuuc.org/zoom/ for order of service and how to connect for all services

Announcements:

<u>There will be a Microaggressions Workshop on February 29 6:30 - 8:00 PM.</u> A chance to learn and to practice how to disrupt microaggressions. Led by Revs. Barbar Meyers and Greg Ward.

<u>In search of mental health family support or peer support resources in the larger Tri-City area?</u> Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-796-5722.